



**Choose the most accurate answer for each of the following multiple-choice questions.**

**1. Common cold symptoms usually last 7–14 days. However, the associated cough may persist for**

- a. 1 week
- b. 2 weeks
- c. 3 weeks
- d. 4 weeks
- e. 5 weeks

**2. The cause of headache in patients with common cold or flu is**

- a. Dehydration
- b. Sinus inflammation or Fever
- c. Muscle and joint aches
- d. Fatigue
- e. Rhinorrhea

**3. It is important to distinguish common cold from the flu because**

- a. Flu symptoms are always milder than those of the common cold
- b. Flu patients should be referred
- c. Common cold often leads to pneumonia in high-risk groups
- d. To prevent unnecessary antibiotic use in common cold cases
- e. To identify patients who may need antiviral treatment and monitoring

**4. Which of the following scenarios is least likely to be referred in the context of cold or flu symptoms?**

- a. A 64-year-old with diabetes
- b. A 3-year-old child with nasal congestion
- c. A 32-year-old asthmatic female
- d. A 1-year-old with earache unresponsive to analgesia
- e. A 70-year-old with COPD presenting with delirium

**5. Oral decongestants like phenylephrine can be used in patients with**

- a. Diabetes mellitus
- b. Myocardial infarction
- c. Hypertension
- d. Hyperuricemia
- e. Hyperthyroidism